

## eteaket Tea Menu

### Black Teas

To produce black tea, the leaves are withered, rolled, fermented & fired. Full fermentation gives the leaves their dark colour & allows flavours to be released.

#### Breakfast Blend – £2.50

A Caledonian classic; malty & full bodied with hints of oak. The perfect tea with a bowl of porridge giving you the strength to face a driech Scottish morning.

#### Royal Earl Grey – £2.70

Our Royal Earl Grey stands head & shoulders above its regular Earl Grey subjects. Ceylon tea scented with natural bergamot oil & cornflowers to create a truly regal Earl Grey.

#### Bollywood Dreams Chai – £2.70

Intense & spicy tea will take your senses on a journey to the heart of Bengal. Careful blending of quality black tea, aniseed, cinnamon, ginger, black pepper, cloves & chicory roots create a truly intense tea.

#### Decaf Breakfast – Caffeine Free – £2.70

All the good bits of a strong hearty blend but without the caffeine. Even though it's a decaf, we have managed to retain all the taste (no mean feat!)

#### Second Flush Darjeeling – £2.70

Darjeeling is known as the champagne of teas & this 'vintage' has a subtle muscatel aroma & a smooth, floral flavour. Whether High-roller or strictly low-rent, this is a taste of the high-life.

#### Chocolate Abyss – £2.70

Chocolate & tea: Two of the world's best discoveries carefully blended for you to enjoy. Black tea is expertly mixed with real chocolate pieces, cocoa bits & coconut flakes.

What's not to like?

#### Life's a Peach – £2.70

Full bodied Ceylon tea blended with sunflowers, cornflower blossoms, delicate rose blossoms & safflower. One taste of this & life starts to look a bit peachy!

#### Lapsang Souchong – £2.70

A distinctive wood-smoke taste & aroma. For happy campers or pyromaniacs, the wood-smoke aroma will evoke memories of sitting round a camp-fire... altogether now, "Ging Gang Gooly..."

### Oolong Teas

Oolongs are semi-fermented, fragrant & full bodied & are widely enjoyed for their digestive benefits.

#### Orange Oolong Supreme – £3.20

A sweet & citrus twist on a beautiful Oolong. Hand-rolled leaves create a mix of sweetness & tangy-ness, with a tart citrus finish.

#### Yellow Gold Oolong – £3.20

There's a new gold rush in town & while we can't promise it will make you rich, this tea will definitely make you feel like a million dollars. Hand-rolled leaves create a mix of sweetness & tangy-ness.

### Green Teas

The leaves are unfermented, which preserves the natural properties, making them a healthy & enjoyable drink.

#### Gunpowder Deluxe – £2.50

This tea has a natural sweet flavour & gets its name from the dry leaf, which resembles gunpowder pellets & explodes into a long leaf on steeping. Boom!

#### Gen Mai Cha – £2.70

Genmaicha is a Japanese speciality meaning "brown rice tea". Rich Sencha green tea is carefully blended with roasted brown rice. A truly sensational tea.

#### Jasmine Chun Hao – £2.70

Green tea is layered with fresh jasmine blossoms night after night until the leaves have the perfect aroma of jasmine. It has a soothing natural aroma great for cleansing the palate & aiding digestion.

#### Blooming Marvellous – £2.70

Quality Sencha is expertly coupled with bright mallow & sunflower petals, exquisite rosebuds, vanilla & fresh, tangy fruit. This lively blend is sure to put a smile on your face & a spring in your step.

#### Dragonwell Delight – £3.20

A superior bright & light green tea. Hand picked spring growth delivers exquisite green notes.

#### Jasmine Pearls – £3.20

Green spring tea is meticulously hand-rolled into delicate pearls before being hand scented six times with fresh jasmine blossoms. Words can't describe this tea but we'll give it a try... incredible!

#### Gyokuro – £3.20

The bushes used for this rare & much coveted Gyokuro tea are shaded for the first 3 weeks of May while the first flush develops. This decreases the bitterness & results in a sweet, flavourful cup.

### White Teas

A rare & delicate tea. New buds are plucked from the tea bush before they have fully opened. They are then withered to allow moisture to evaporate before they are dried.

#### White Peony – £2.70

This fresh & mellow brew is made from the buds & leaves that remain after the more famous Silver Needle has been harvested.

#### White Peach – £2.70

Delicate Pai Mu Tan white tea complemented by delicious light & fruity peach.

#### Silver Needle – £2.70

The most famous of all white teas, & for good reason. The delicate downy buds give a hint of melon, fresh citrus notes & a lingering finish. Forget silver, this tea deserves a gold medal.

### Rooibos Teas

Rooibos is a caffeine free herb from South Africa. Once oxidised, it turns from green to red creating its characteristic red liquor & citrusy flavour.

#### Big Red Rooibos – Caffeine Free – £2.70

Fast becoming a modern day classic, booming in popularity due to its zero caffeine. It has a soft, but at the same time tart, flavour with top notes of oranges & dried hay. A fabulous tea for those people avoiding caffeine.

#### Chilli Rooibos – Caffeine Free – £2.70

Handle with care! The chilli highlights are built on a base of classic Rooibos tea & wild cherries, rosebuds, safflower petals, peony petals & carrot flakes. This tea has serious attitude.

#### Blueberry Rooibos – Caffeine Free – £2.70

Built on a base of premium rooibos this berry good tea is caffeine free & has a sprightly fresh fruit character. Fabulous hot & as an iced tea.

### Fruit & Herbal Teas

Herb & fruit infusions don't contain any tea. They tend to relax, invigorate & aid healing.

#### Perfect Peppermint – Caffeine Free – £2.50

These peppermint leaves cool & invigorate. They cleanse your palate & aid digestion & are perfect for those avoiding caffeine. Definitely a more socially-acceptable way to freshen your breath than chewing gum. Fresh!

#### Chillaxin' Chamomile – Caffeine Free – £2.70

Re-gain some perspective with eteaket's Chillaxin' Chamomile. The whole chamomile flowers produce an intoxicating, elegant floral flavour that allows you to lose yourself in the moment.

#### Cranberry Apple – Caffeine Free – £2.70

A superlative blend of cranberry & apple pieces that produces a riotous fruity taste with the cranberry pieces adding a slightly tart finish.

#### Lemon & Ginger – Caffeine Free – £2.70

A cool, light wind blowing on a beach. Find yourself at one with the elements with this sweet blend of lemongrass, lemon peel & tangy ginger with a hint of liquorice root.

A real hug in a mug.

#### Strawberries & Cream – Caffeine Free – £2.70

As quintessentially British as Cliff Richard singing at a water-logged Wimbledon. This fruit infusion is built on apple pieces, hibiscus blossoms, elderberries, rose hip peel, pineapple & strawberry pieces.

### Flowering Teas

eteaket's Flowering teas are expertly hand-sewn by skilled artisans & blossom beautifully when steeped in hot water.

#### Rose Flower Blossom – £3.50

Premium green tea & rose petals expertly sewn & crafted together by an artisan skilled in the ancient craft. When steeped in hot water, they produce the most fascinating formations.

### Tea Lattes

All our tea lattes are made with our award winning eteaket teas brewed at double strength then mixed with our special recipe of sweetened milk. We use no syrups or artificial sweeteners in our tea lattes.

#### Chai eteaket special – Regular – £2.90 | Large – £3.20

A true eteaket classic, made with love (& our secret recipe) An intense blend of black tea, aniseed, cinnamon, ginger, pepper, cloves & chicory roots.

#### Scotch Mist – Regular – £2.90 | Large – £3.20

eteaket's twist on the classic London Fog. Our Royal Earl Grey Ceylon tea scented with natural bergamot oil & cornflowers to create a truly regal Earl Grey.

#### Chocolate Abyss – Regular – £2.90 | Large – £3.20

A must for any chocolate lover! Black tea leaves mixed with real chocolate pieces, cocoa chunks & coconut flakes. Blended with our special tea latte mix this is better than dunking a Hob Nob in a cuppa!

#### Matcha Latte – Regular – £2.90 | Large – £3.20

Get the feel good factor from one of our Matcha Lattes. Made with semi skimmed milk (or dairy free Soya milk) & a dash of honey. This energy boosting beverage will keep you going till it's time for Corrie!

#### Big Red – Caffeine Free – Regular – £2.90 | Large – £3.20

Our hug in a mug! Made with our award winning Rooiboos tea, high in anti-oxidants with top notes of orange, a sweet nutty flavour with a hint of dried hay all topped off beautifully with a shake of cinnamon.

#### Blooming Marvellous – Regular – £2.90 | Large – £3.20

Just when you thought this amazing green tea couldn't get any better, this fresh & invigorating tea latte is bound to bring a smile to your face.

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## LEAF TEA EXPERTS

# Menu

## Breakfast Menu – Served till noon

- Scrambled Eggs & Smoked Salmon on Artisan Toast – £5.95
- eteaket's mighty rolls filled with one of the following:  
Bacon – £3.95 | Black pudding – £3.95  
Ketchup & Brown sauce available
- Eggs Benedict, served on an English Muffin with Hollandaise sauce  
Ham – £7.95 | Salmon – £7.95 |  
Black pudding – £7.95 | Vegetarian – £6.95
- French Toast  
with maple syrup – £5.95 | with bacon – £6.95 |  
with fruit compote – £6.45
- Granola with Natural Yogurt & Berry Compote – £3.95
- Scottish Porridge with honey or very berry compote – £3.95
- Artisan Toast & Preserve  
ask about our choice of spreads – £2.95
- Freshly Baked Croissant,  
with Raspberry jam & Scottish butter – £2.95 choose two, ham,  
cheese, hummus, olives or Roasted red pepper – £5.45
- Toasted Fruit Tea Loaf, with butter – £2.95

### Tea & Fruit Loaf

Enjoy a pot of tea & two slices of fruit loaf.

**£4.95**

Available Monday to Friday until 11am

## Lunch – served all day

Our meals are inspired by seasonal produce & often our soups are created using eteaket teas. Ask a member of the eteaket team for today's soups.

- Soup of the Day with Artisan bread & butter – £4.25
- Tattie scone with scrambled eggs & smoked salmon – £6.45

## Sandwiches £5.95

All our breads are freshly baked by artisan bakers in Edinburgh. gluten free bread also available. Served with a mixed salad.

- Houmous & Tomato – *Staff Favourite* with seasonal salad
- Tuna & Light Lemon Mayonnaise with spring onion & salad
- Roast Chicken in a Pesto mayonnaise with salad
- Honey Roasted Ham & Scottish Cheddar with farmhouse chutney
- Scottish Smoked Salmon & Cucumber with pepper & lemon
- Brie & Cranberry with seasonal salad
- BLT – Bacon with crispy lettuce & beef tomatoes
- Roast chicken with rocket tomato & balsamic dressing
- Kids Bread – £2.95 for the under 5's, with cheese, ham or preserve

## Toasted Ciabattas £6.45

All our breads are freshly baked by artisan bakers in Edinburgh. & gluten free bread also available.

Served with a mixed salad.

- Honey Roasted Ham & Scottish Cheddar with farmhouse chutney
- Scottish Cheddar & Fresh Tomato
- Tuna & Scottish Cheddar with light lemon mayonnaise
- Brie & Cranberry – *Staff Favourite*
- Feta with roasted red pepper & black olive – *New*

### Soup & Half Sandwich

Enjoy a half sandwich & a bowl of homemade soup.

**£6.45**

Available Monday to Friday – ask for details

## Salads

- Smoked Salmon Salad (GF), with olive oil & lemon dressing – £6.95 – *Staff Favourite*
- Italian Chicken Salad (GF), with balsamic & oil dressing – £6.95
- Feta Salad with balsamic & oil dressing – £6.95 – *New*
- Ploughmans freshly baked Artisan bread with Brie, cheddar, roasted ham, farmhouse chutney & seasonal salad – £6.75

## Cakes

All our cakes are made by local independent bakers. We try a lot of cake to ensure you get the very best. We are constantly changing our cakes so just pop up to the counter for a look at today's selection. We also offer a selection of Gluten free & vegan cakes & scones, just ask a member of the eteaket team.

## Cold Drinks

- Iced Chai Tea Latte – £2.95
- Iced Tea of the Day – Today's choice of eteaket tea – £2.95
- Iced Latte, Iced Mocha – £2.95
- Still Water, Sparkling Water – £2.45
- Coke, Diet Coke – £1.95
- Orange Juice, Apple Juice – £2.20
- San Pellegrino Orange (can) – £2.20
- Cawstons Elderflower Lemonade (can) – £2.20

## eteaket Famous Afternoon Tea

Your choice of eteaket sandwich, with a freshly baked scone served with Devonshire clotted cream & Scottish Raspberry jam, a selection of mini patisseries & a pot of eteaket tea of your choice.

- Sandwich Choice: Houmous & Tomato
- Tuna & Lemon Mayonnaise • Chicken Pesto Mayonnaise • Roasted Ham & Scottish Cheddar
  - Brie & Cranberry • Smoked Salmon

**£15.95**

## eteaket Bubbly Afternoon Tea

Add a bit of sparkle to your Afternoon Tea! Now you can enjoy our famous Afternoon Tea with a glass of Fizz.

**£19.95**

## Tea not your cup of tea?

### Coffee

We love our tea... but we certainly haven't forgotten about our coffee. All our coffee is from our friends at the incredible Edinburgh based Artisan Roast.

- Americano – Regular – £2.25 | Large – £2.55
- Flat White – Regular – £2.55 | Large – £2.95
- Latte – Regular – £2.55 | Large – £2.95
- Cappuccino – Regular – £2.55 | Large – £2.95
- Mocha – Regular – £2.85 | Large – £3.15
- Espresso – Single – £1.65 | Double – £1.95
- Macchiato – Single – £1.75 | Double – £2.05
- Extra shot of coffee – 55p
- Babyccino – 55p

Whole, semi-skimmed, skimmed & soya milk available.

## eteaket High Tea

Your choice of a half eteaket sandwich, with a fresh scone with Devonshire clotted cream & Scottish Raspberry jam, mini patisserie & a pot of eteaket tea of your choice.

**£8.95**

## eteaket Famous Cream Tea

Treat yourself to a fabulous eteaket scone, served with lashings of Devonshire clotted cream, homemade Scottish Raspberry jam & a pot of beautiful eteaket tea of your choice.

**£4.95**

We also offer a gluten free High Tea & Afternoon Tea.

## Hot Chocolate

Our hot chocolates are made with award winning Kokoa Chocolate blended with our beautiful eteaket teas.

- 70% Ecuadorian Classic – Regular – £2.95 | Large – £3.25
- 70% White Ivory coast – Regular – £2.95 | Large – £3.25
- Chilli & Cherry Hot Chocolate – Regular – £2.95 | Large – £3.25

## eteaket Tea Cocktails

- Royal Earl Grey G & T – £5.95
- Boozy Iced tea of the day – £5.95
- Perfect Peppermint Mojito – £5.95
- Iced Chai White Russian – £5.95
- Breakfast Cream Tea Kicker – £5.95
- Royal Earl Grey Zinger – £5.95

## Alcoholic Drinks

- White Wine, Dry River Pinot Grigio – £3.95
- Red Wine, Tierra Del Rey Merlot – £3.95
- Casagheller Prosecco Frizzante Glass – £4.95 Bottle – £16.95
- Modelo Especial – £3.95
- Lemon & Ginger Hot Toddy – £5.95