

# eteaket

LEAF TEA EXPERTS

## MATCHA RECIPES

### Mighty Mango Matcha Medley

*1 teaspoon of Mighty Matcha powder, 1/2 a Mango, 1 Peach, 1/2 Banana, 1 tsp Flax seeds (for some extra Vitamin D)*

1. Pop all ingredients into a blender. 2. Blitz until smooth
3. Pour into a glass.

### The Cold Buster

*1 teaspoon of Mighty Matcha powder, 2500ml of Lemon & Ginger Tea, 1 tsp honey*

1. Brew a pot of Lemon & Ginger & stir in the honey. Leave to cool
2. Pour the chilled tea into a cocktail shaker, add the Mighty Matcha & shake.
3. Pour into glass over ice.

### Coco Loco

*1 tsp of Mighty Matcha powder, 250ml Coconut water.*

1. Add the coconut water to a cocktail shaker & add the matcha.
2. Shake it like a polaroid picture.
3. Pour into a glass.

### Kiwi Kick in the Nuts

*1 tsp of Mighty Matcha powder, 3 tbsps of natural yogurt, 1 kiwi fruit, 1 banana, 1 tsp of almond butter, Squeeze of lemon.*

1. Pop all ingredients into a blender. 2. Blitz until smooth
3. Pour into a glass.