

BREAKFAST

Served until 2pm every day.

All of our bread, scones & cakes are delivered fresh to us each day from local artisan bakers.



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|---|------|
| BLT Bagel (NGCI) | 5.50 |
| Three rashers of crispy bacon served with crisp lettuce, sliced tomato & Dijon-mayo on a freshly toasted bagel. | |
| Scrambled Egg Bagel (V) (NGCI) | 5.50 |
| A freshly toasted bagel, topped with free-range scrambled eggs, finished with cracked black pepper. | |
| Morning Toasted Bagel (V) (VeO) (NGCI) | 4.50 |
| With your choice of either butter, honey, raspberry preserve, or chocolate spread (palm oil free!). | |
| Smoothie Bowl (V) (VeO) (NGCI) -Add Matcha for a health kick (+ £1.50) | 6.95 |
| Your choice of smoothie base, with coconut milk & topped with banana, chia seeds, granola & honey, choose from:
-Strawberry / Blackberry / Raspberry
-Pineapple / Mango / Passion fruit
-Strawberry / Banana | |
| Scottish Smoked Salmon & Scrambled Eggs on Toast (NGCI) | 7.95 |
| Smoked salmon & free-range scrambled eggs with fresh lemon on toasted artisan bread, drizzled with olive oil. | |
| Matcha & Banana Pancake (V) (VeO) | 8.75 |
| Topped with berries, plant based yoghurt & vanilla syrup. | |
| Scottish Porridge (V) (VeO) (NGCI) | 4.95 |
| Scottish porridge oats topped with sliced banana, chia seeds & a drizzle of honey. | |

LUNCH

All day.



- | | |
|---|------|
| Homemade Soup of the Day (V) (VeO) (NGCI) | 4.95 |
| With locally sourced artisan bread OR Scottish oatcakes with butter. | |
| Soup of the Day with a half Sandwich | 6.95 |
| With your choice of a half sandwich from the sandwiches menu below. | |
| Sandwich (NGCI) or Bagel | 7.50 |
| All served with a dressed garden salad. | |
| - Sliced roast chicken, nut-free pesto mayonnaise. (NGCI) | |
| - Scottish smoked salmon with cream cheese & capers. (NGCI) | |
| - Houmous, nut-free pesto, fresh chopped tomatoes & rocket leaves. (V) (VeO) (NGCI) | |
| - Whipped feta & chargrilled marinated vegetables. (V) (NGCI) | |
| Pan-Roasted Paprika Chickpea Salad (V) (VeO) | 9.45 |
| With marinated Mediterranean vegetables & our Blooming Marvellous green tea-infused cous cous on a bed of rocket with a pomegranate salad dressing. | |
| Warm Chorizo Salad (NGCI) | 9.45 |
| Griddled Chorizo served with a leafy salad & roasted Mediterranean veg.
Served with a paprika & oregano dressing & crunchy croutons. | |

CAKES

All of our cakes are made by local independent bakers. Just pop up to the counter for a look at today's selection. We also offer a selection of gluten-free, dairy-free & vegan cakes & scones.

CREAM TEA (V) (NGCI) 6.25

Indulge in a delicious scone, baked fresh for us by our local bakers.
Gluten free & vegan scones & cream available on request!

A pot of tea or a tea latte with a freshly baked fruit or plain scone served with Cornish clotted cream & raspberry preserve.

Please note our kitchen handles gluten, nuts & other known allergens, so cross-contamination of ingredients is possible and we cannot guarantee allergen-free dishes or drinks. Gluten-free bread & dairy-free butter is available on request.

(V) Vegetarian (VeO) Vegan options available (NGCI) Ask for non-gluten containing ingredient alternatives.

HIGH TEA

Perfect for a lighter afternoon tea experience or for the little brewers!  (NGCI)



10.95

Your choice of half sandwich, a freshly locally baked scone (fruit or plain) with raspberry preserve, Cornish Clotted Cream, a mini patisserie and a pot of your choice of any of our teas or a tea latte.

PROSECCO

A chilled glass or bottle of bubbly never goes amiss, cheers!

Glass £5.95 | Bottle £17.95



Prosecco Frizzante, Casagheller

AFTERNOON TEA

The classic three tiers!



Afternoon Tea - Classic  (NGCI)
...with a glass of fizz!




17.95
21.95



Your choice of sandwich, a freshly baked scone (fruit or plain!) with raspberry preserve, Cornish Clotted Cream, a selection of mini patisseries and a pot of any of our teas or a tea latte.



FOR THE LITTLE BREWERS! *Under 12 years.*

- Bagel Bundle**  (VeO) (NGCI) 4.95
A Toasted bagel with your choice of butter / honey / raspberry preserve or chocolate spread (palm oil free).
+ kid's sized fruit juice or *Caffeine Free* cold brew of the day.
+ a mini patisserie.
- Fruit Sunshine**  (VeO) (NGCI) 3.50
Fresh Banana with a mini patisserie.
+ fruit Juice or *Caffeine Free* cold brew of the day.
- Tasty Sliced Cheddar Toastie**  (VeO) (NGCI) 4.50
Served with cucumber sticks & tomatoes.



TEA COCKTAILS

- Buckthorn Bellini** 7.95
Blitzed peach, vanilla & Sea Buckthorn tea, finished with Prosecco.
- Positivitea Gin Bramble** 7.95
Gin, fresh lemon & Positivitea green tea with blackberries, served over crushed ice.
- Chilli Rooibos & Strawberry Margarita** 7.95
Fresh strawberries, shaken with Chilli Rooibos tea, Tequilla & lime.
- Chai White Russian** 7.95
Bollywood Dreams Chai tea with cinnamon & cloves, shaken with Vodka & layered with sweetened cream.
Ask about today's cold brew for a chilled alcohol-free tea! 3.50

COFFEE

Espresso	2.95	Latte	3.25
Americano	2.95	Cappuccino	3.25
Flat White	3.25	Mocha	3.65

HOT CHOCOLATE

70% Dark Hot Chocolate	3.65	<i>Alternative milk & cream options available!</i>
Ivory Coast White Hot Chocolate	3.65	

SOFT DRINKS

Bon Accord Bona Cola	3.95
Bon Accord Grapefruit Soda	3.95
Bon Accord Cloudy Lemonade	3.95
Bon Accord Ginger Beer	3.95
Bon Accord Rhubarb Soda	3.95
Orange / Apple Juice	2.95

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Cuppas for Causes
More than just a cup of tea

