

eteaket

EXPERIENCES

Private tea experiences are subject to instructor availability, get in touch to book
- hello@eteaket.co.uk



SCOTTISH TEA EXPERIENCE

Experience the essence of Scotland with a captivating Scottish Tea Tasting, you will learn about the rich heritage and tantalising flavours of eteaket's Scottish tea & botanicals while indulging in an adventure for the senses. Sip on 3 of eteaket's bespoke Scottish teas, learn about our local suppliers & discover the rich bounty Scotland has to offer.

60 MINS | PER PERSON **£45**



A JOURNEY INTO CHAI

Discover the rich history and flavours of chai tea in this informative and interactive tasting class. Learn the different types of chai tea and their origins & the spices used in chai tea. The proper way to prepare a traditional chai latte and taste a variety of chai teas including our traditional inspired Bollywood Dreams Chai, seasonal favourite Pumpkin Chai & our Herbal Chai.

60 MINS | PER PERSON **£45**



MATCHA MASTERCLASS

Learn the art of making and enjoying the traditional Japanese green tea - matcha! the ancient tea that is packed with potential health benefits and delicious goodness. Learn the history and cultivation of matcha & Japanese tea, the different grades and how to choose the best one for you & master the proper way to prepare matcha.

60 MINS | PER PERSON **£45**



THRIVE IN 3 | WELLNESS & MEDITATION

Exploring our Tea In Mind concept, based on the 5 Elements of Chinese Philosophy, you'll taste a range of different teas and learn their tea routines. Learn the basics of whole leaf tea and delight in its wonderful flavour. You'll learn about healthy habits to live by to bring balance and calm to your life and you'll explore the benefits of taking time for tea.

60 MINS | PER PERSON **£45**



FIND YOUR PERSONAL TEA ELEMENT

Each of us is made up of all 5 Elements (Water, Wood, Fire, Earth & Metal) but different Elements will come to the fore to support us through the changes that occur throughout our lives. However, it's widely believed that we're all born with one predominant Element which plays a key role in the development of our make up and the way we develop thoughts and emotions as well as what themes and values are most important for us to find harmony within us. Discover your element and unleash your superpower.

60 MINS | PER PERSON **£45**

121 Giles Street, EH66BZ

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